



Thursday, May 22, 2014



Dates to Remember	
Fri. May 23	- Walk to school day - Hot Lunch - Assembly, 2.50pm - School Disco
Tue. May 27	- Speech Therapy
Thur. May 29	- Story Time, 9.30-10.30am
Fri. May 30	- Whole School Cross-Country Fun Run - Bluearth - Pie Drive Orders returned - Parent Group Meeting, 9.30am
Thurs. June 4	- Principal for a Day - Library Van visit
Fri. June 6	- Division Cross-Country - Assembly, 2.50pm
Mon. June 9	- QUEEN'S BIRTHDAY HOLIDAY
Tue. June 10	- Speech Therapy
Thur. June 12	- Junior Indigo Shire meeting @ Wahgunyah
Fri. June 13	- Wahgunyah's Got Talent - Bluearth - Hot Lunch

FOOTY CLINIC

Students from the junior classes had a great time at the Carlton Footy Clinic held last week in Corowa.



Education Week

This week is Education Week across Australia. While every week is 'education week' at our school, we did celebrate this event with an open morning on Tuesday. It was great to see those families that were able to attend.



We recognise that such events during school hours limit the number of people who can attend. That's why we are very keen to hear from parents and carers about other events they would like to see in the school that are more family friendly. Last week all families received a letter from our KidsMatter Action Team requesting just that. Thanks for those who have already returned the note.

School Disco

Our Junior Indigo Shire Representative, Mia Grantham, is organising a school disco as a fundraiser. This will be taking place at the school tomorrow night. Please check the advertisement later in the newsletter for further information.

Walk to School Day

Walk to School Day is taking place tomorrow. I encourage as many students and families as possible to walk to school on this day. A number of staff will be walking with students to school on this day. We will all meet at the Mass Tree at 8.40am.

Our assembly helpers tomorrow are:

Sidney and Max

Cross-Country Fun Run

Our fun run will be taking place next Friday at the football ground. We ask that kids come to school dressed in their house colours (plain t-shirts please—no logos or large graphics). The whole school will be walking down to the football ground after recess with the first event beginning at approximately 12 noon. This event is also a fundraiser for new sports equipment, so I encourage the children to seek sponsorship for their run. It would be great to see as many parents and carers cheering on the kids as possible, so please come along if you are able. If you are keen, you might even want to don a pair of runners and take part in the running action.

Principal for a Day

On Thursday, June 5, the school will be taking part in 'Principal for a Day'. The purpose of this day is to focus on student voice. One student from each class will get to spend time working in the office with me, as well as talking about our school and ideas they have for making our school a better place to be. I will be speaking to the classes next week on how the 'new' principals will be chosen.

Student Engagement Policy

At the most recent School Council meeting, the school's *Student Engagement Policy* was ratified. The entire policy is available for download from the 'Documents' page on the school website. Included with the newsletter today, however, is an important aspect of the policy that I feel all families need to be aware of: *Behaviour Management Flowchart for the Classroom*. This flowchart gives a clear overview of student rights, responsibilities and expectations in the classroom. It also provides clear guidance for staff on how to respond to particular behaviours. Having expectations and consequences outlined like this also means there is a consistent process for all staff across the school. I will be speaking with each classroom next week about the flowchart and how it might apply to them.

It's time to take off like a smelly sock!

Brendan Hogan



Coming home today is another reminder about an initiative that I have mentioned a couple of times in the past. I am aware of at least three families who are already taking part in this program and enjoying its benefits. If you are looking for support to pay for camps, uniforms or other school expenses, this is something you might like to consider.

SCHOOL DISCO

WHERE: Wahgunyah PS

WHEN: Friday, May 23

TIME: Foundation to Year 3, 5.00-6.00pm
Years 4-6, 6.15-7.45pm

WHY: Indigo Shire Junior Council Fundraiser

COST: \$4 per person

LOTS OF MUSIC AND PRIZES!

Hot dogs available for \$3



News from the Parent Group

Mother's Day Stall

The Mother's Day stall proved a huge hit. A total of \$130 was raised for the school.

Pie Drive

Order forms have been sent home for our pie drive. Please ensure all orders and money are returned to the school by Friday 30th May.

Hot lunches

Hot lunch dates for this term are:

Friday 23/5/2014 – Pies, sausage rolls and party pies

Friday 13/06/2014

Friday 27/06/2014

Further details will be available closer to the dates

Just a reminder to ensure all orders are sent to school on the Thursday morning. To be courteous to the parents ordering, no more late orders will be accepted.

Next Meeting: Friday 30th May at 9am. All welcome

Book Club is due next Friday

Mindfulness? Say what?!?



This term in years 2-6 I will be introducing Mindfulness meditation through the use of the Smiling Mind app. Smiling Mind is designed to make mindfulness meditation readily accessible to people of all ages.

What is mindfulness?

Many health professionals think that mindfulness is about focusing on the present moment. This is true, but barely scratches the surface. Actually, mindfulness is about being fully engaged and awake in each moment of life. It is ultimately about becoming more aware of your experiences - whether this be thought processes, tension in the body or emotions. When we are in touch with this awareness, we are able to allow whatever is experienced just to happen,

without needing to control it and without becoming overwhelmed by it. This is the source of true resilience.

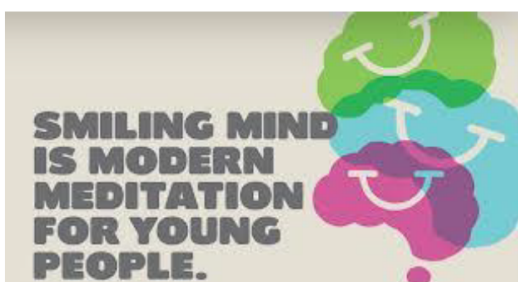
Evidence shows that primary-aged children who practice meditation are more focused and resilient. As little as 5 minutes of meditation first thing in the morning, or after lunch, helps settle them down and improves concentration.

Research has shown that practicing mindfulness meditation can reduce stress, increase resilience and assist in lowering the incidence of mental health issues. It has also be found to increase positive emotion, vitality, life satisfaction and self esteem. Additionally studies have shown that people who spend more time being mindful experience clearer more focused thinking, improved memory and attention and heightened performance and achievement.



Reports from schools indicate that Smiling Mind has been readily and positively received by teaching staff and students and we regularly receive anecdotal reports that it creates positive academic and wellbeing outcomes."

At Smiling Mind, we always emphasise that everyone has experiences of mindfulness at times – moments where we are fully awake and present, for instance while watching a sunset or playing sport. We then describe mindfulness meditation as a series of effective methods for experiencing this awake-ness during more mundane moments, such as studying or waiting for a train. We also explore the costs of 'unmindfulness' (eg operating on autopilot, judging and criticising everything). It is also useful to describe (in simple terms) the neuroscience of mindfulness, as this helps people make sense of their experiences and it can be very motivating to know that mindfulness practice actually changes the brain in ways that are extremely beneficial."



This information has been taken from the SMILING MIND WEBSITE which can be found here:

<http://smilingmind.com.au>

Please do not hesitate to contact me if you would like to talk about this further.

Go well, Stacey.

2/3 News

It's already been a very busy term, with ANZAC Day, NAPLAN, Footy Skills and our friends in 5/6 going to camp! We're doing lots of awesome things in our room, and the students in 2/3 are working hard every day.

Writing

This term we are excitedly learning about making bland sentences more interesting by adding information from our senses and details. We'll be using this to write narratives. Some fabulous examples are below!

Last Wednesday, grade prep, 1, 2, 3 and 4 and a few other schools went to the John Foord oval. I saw the football flying towards me. I felt the specky mat soft and grippy. I heard kids running, it was very loud.
Thomas

Last Wednesday, we were excited and some were nervous as we left for John Foord Oval for Footy Skills Day. I could see the football, Carlton players, kids, goals. I could hear kicking a footy, running, loud noise. I could taste muesli bars, water, cold, fresh, yummy. I could smell air, water. It was fun until the end.



Eve

Music

Many people from our class are in the choir, who are still buzzing from our excellent concert last term. The choir are beginning to prepare for the Albury Eisteddfod next term, using all kinds of singing exercises and songs to improve their listening and voices. Our class has been singing, moving, and playing – and improving the way they listen and work together.

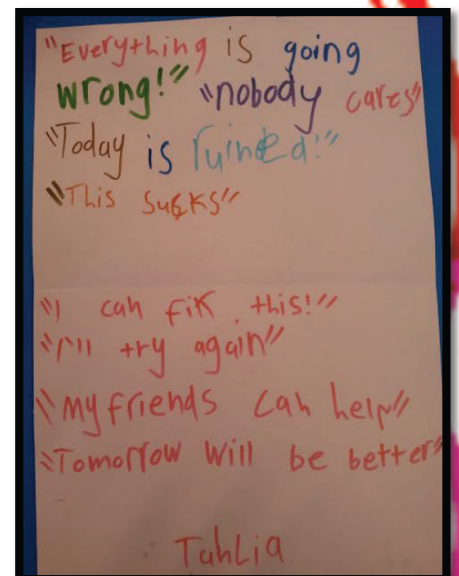


SEL

This week (and term) we're talking about how the way we think about things and how it affects our choices. We wrote down some unhelpful things that pop into our heads – words that make us focus on the bad events in our lives – and then brainstormed a lot of helpful thinking that we can use to cheer ourselves up and focus on all the good things!

Maths

Before NAPLAN, we had a quick revision of clocks, and made some clocks to remind ourselves of what quarter to and quarter past look like. We're about to start looking at division concepts, working with sharing out numbers and objects. There are lots of opportunities to divide things at home, so if you're cooking, cutting up cake or apples or any kind of fractions – get your child to help you!





Is your child diagnosed with autism, aspergers, or does your child have undiagnosed behavioural challenges? We would like to offer you the opportunity to get together with other parents and carers' who share your joys and challenges

WHEN: THURSDAY JUNE 19 AT 10.00AM.
WHERE: AT ST MARY'S SCHOOL HALL
HIGH ST RUTHERGLEN

WE WOULD LIKE TO INVITE YOU TO
MEET OTHERS AND FIND OUT WHAT
SUPPORT IS AVAILABLE IN YOUR
AREA .

OUR GUEST SPEAKER IS
TRISH GLASS FROM
POSITIVE PARTNERSHIPS
ALL WELCOME



Yackandandah Junior Drama in association with **Yackandandah Theatre Company**
presents

Scaredy Cat
 by Brendan Hogan

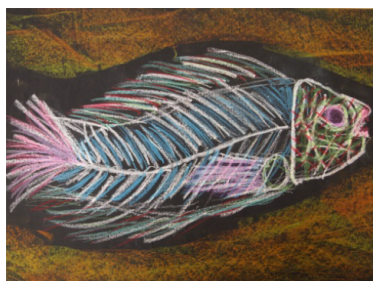
WARNING: Contains some sequences which may scare young children. Recommended for children aged 9 and over.

and

Out of the Box
 by Lisa Mason

YACKANDANDAH PUBLIC HALL
 FRIDAY, MAY 30, 7.30PM; SATURDAY, MAY 31, 2PM AND 7.30PM
 ADULTS: \$10, CHILDREN: \$5, FAMILY: \$25
 BOOK ONLINE AT www.arts.yackandandah.com OR YACKANDANDAH NEWSAGENCY

"Drawing Together" · MACC Van Exhibition · Wangaratta Art Gallery **26th May – 8th June, 2014**



This region is fortunate to have three of the eight Victorian 'MACC Vans' which service over 1,100 students at 27 schools. This term the students have been studying Indigenous Art, creating their own artwork using the knowledge they have gained from learning about Indigenous Arts practices. MACC Van teachers have worked closely with Koorie Education Support Officers, local elders and staff from the National Gallery of Victoria to put together a project which aims to create a deeper understanding and appreciation of our Indigenous cultures arts practice, both from the past and moving into the future.



"Drawing Together" celebrates the art of Australia's Indigenous culture and their deep relationship to the land and features a selection of the amazing artwork created by local school children in response to this project. A highlight of this exhibition will be the creation of a sculptural nest for Mulyan, an important creator spirit of the Bangarang tribe, which will take place on June 2nd with help from the students from the MACC Van base schools and local elders.

Student artwork has been collected from each of the MACC Van schools and will be on display at the Wangaratta Art Gallery from 26th of May until the 8th of June, and we invite all parents to bring their children to visit the gallery to see this exhibition and celebrate the achievements of our students in these fantastic rural schools.

Behaviour Management Flowchart: Classroom

APPENDIX 2

At Wahgunyah Primary School we be our best, show respect and make sure everyone belongs

Low Level

- not finishing work
- not staying on task
- disrupting the teaching or learning of others
- not being organised
- not following teacher instructions
- not using materials appropriately
- tardiness



Friendly reminder or warning by teacher

For example:

- "What are you doing?"
- "What should you be doing?"
- Restate student responsibilities.



REMAIN IN CLASSROOM



Continued Misbehaviour

- Apply Mid Level consequences

Mid Level

- multiple or repeated Low Level offences
- swearing and inappropriate language
- damaging property or misuse of equipment
- teasing or excluding others
- back-chatting



Teacher to apply appropriate and logical consequences

For example:

- stay in for part of recess or lunch
- withdrawal of privileges such as sport or use of computers
- isolation within the classroom
- removal to another learning area
- detention (record on SM Tool, behaviour report completed and sent home)
- restorative practice
- formal apology
- repair damage



REMAIN IN/ RETURN TO CLASSROOM



Continued Misbehaviour

- Apply High Level consequences

High Level

- multiple or repeated Low and/or Mid Level offences
- abusive language and rude gestures or behaviour
- endangering the safety of others
- aggressive, intimidating, threatening or violent behaviour
- bullying
- leaving a learning area or school grounds without permission
- vandalism



Office Referral

Student sent to Principal. Staff member responsible to record incident on SM Tool. If Principal unavailable, teacher in charge to enact appropriate consequence (except suspension).

Possible consequences include:

- restorative practice
- withdrawal from classroom
- detention (behaviour report completed and sent home)
- after-school detention
- community service
- parent contact/collection
- an individual behaviour plan
- in school suspension
- suspension (formal process must be followed)
- Exclusion from camps and excursions
- Modified attendance program
- engagement of outside services such as social workers and emergency services
- re-entry meeting to discuss behaviour and responsibilities



RETURN TO CLASSROOM
WITH ONGOING MONITORING

Rewards and Acknowledgements

- House points
- Stickers and small prizes such as stationery
- Token economy such as marbles
- Verbal praise
- Free time/iPad use
- Comments in diaries
- Positive parent contact
- Principal Award
- Neighbourhood Watch Award
- Public recognition (assembly/newsletter/website)
- Extended play at recess or lunch
- Bucket Filler
- Sent to Principal for recognition